**A reminder of some of the major features of the NSL events**
All the events are SCORE events using specially drawn maps, with a time allowance of either 40, 60, or 75 minutes. The control sites will mostly be items of street furniture (telegraph poles, hydrants, green boxes, post boxes etc.) and evidence of your visit will involve noting down a (hopefully obvious) identification mark on an answer sheet supplied at registration. There will be NO O-kites and, although we plan to use SI timing for the start and finish, there will be no SI boxes at individual controls.

The controls will have a range of point values, adding an additional dimension to route choice and planning. As usual in score events, there will be (severe!) penalties for exceeding the time limit.

Essential equipment:

 a high visibility top (you will not be allowed to start without one, and we have a few available to borrow)

 dibber (lots available to borrow if necessary)

 pen / pencil (maps and answer sheets will be printed on waterproof paper)

 torch / head torch

 compass (optional)

 a backup light and a whistle (or an alternative means of summoning attention /assistance)

* a backup light and a whistle (or an al **NB A mobile phone with a torch app would serve as a backup light AND a means of summoning assistance. means of summoning assistance.**

You may run individually or in pairs; however, under 16s MUST be accompanied by an adult, and they must stay together at all times – i.e. no shadowing is allowed; 16 and 17 year olds may run unaccompanied, but must have written consent from a parent/guardian.

As the events form a league, scores from each event will be added together to reveal the eventual winners; your best 4 scores from the first 8 events will produce your overall total. Trophies will be awarded to the winners of the Handicap Competition. This will take place at the final event of the series in March 2019.

All the events will be based in Pubs / Sports Clubs - offering food and drink at reasonable prices, if you wish to stay for a chat and post-event analysis (highly recommended!)

If you can't get to the event on the night, you can contact us to get hold of a map and question sheet. You can then run the course when convenient, submit your answers and time taken, and we'll incorporate your score into the results.

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* dibber (available to borrow if **NB A**
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