

Wed 10 July 2013

DEE Summer Evening Event

Queens Park, Crewe (Sprint). GR SJ 690556. Registration from 17.30, start times 18.00-19.15 Organiser: Jane Campbell 01244 350 589.

Wed 10 July 2013

Bike O Event

Allerdale Bike Challenge, 2 hour Score event on roads. For all abilities and all types of bike. Start: 5:30pm to 6:30pm Bankmill nursery, Beckfoot nr Silloth Further details on www.bmbo.org.uk or mbo@bmbo.org.uk

Wed 10 July 2013

MDOC Countryside Score

Macclesfield. Rural score event using public rights of way. Mass start 19.15. Pub food available. www.mdoc.org.uk

Thur 11 July 2013

WCOC Summer Evening Event

Loweswater area. Parish relays, suitable for all abilities, but pre-entry needed. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 13 July 2013

SROC Informal Event

Whitewell Celebration Challenge. Car parking GR SD653475 Registration from 11am with starts at 12 midday. Restricted entry via fabian 4. Entry fees £6/£2 Organiser Julian Lailey 01524 845990 or email kezi1@btinternet.com or see website www.sroc.org

Sun 14 July 2013

WCOC Level B Event

Harrop Tarn near Thirlmere. Parking will be at Threlkeld with transport to the event arranged. Map extended and updated. Details on www.wcoc.co.uk

Wed 17 July 2013

Bike O Event

Allerdale Bike Challenge, 2 hour Score event on roads. For all abilities and all types of bike. Start: 5:30pm to 6:30pm at Lakeland Pedlar, Keswick Further details on www.bmbo.org.uk or mbo@bmbo.org.uk

Thur 18 July 2013

WCOC Summer Evening Event

Mosser fell. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Thur 18 July 2013

MDOC Evening Event

Alderley Edge SJ860772. NT car park on B5087. White to Blue. 6.00 to 7.15. £5/£2 Enquiries summer2013@mdoc.org.uk www.mdoc.org.uk

Sat 20 July 2013

BL Level D Event

Eycott Hill, Berrier GR NY388306. 2 miles north of A66 at the Sportsman's Inn, follow signs to Hutton Roof. Start 11am, £3/£1.50, Courses Orange & Green, Contact, Richard Evans 016974 73799 . www.bl-orienteering.org.uk

Sat 20 July 2013

SELOC Park Series

Crompton Moor grid ref: SD950101 Courses: Yellow, Orange & Light Green/Technical. Courses open from 10:00 to 12:00. Cost : £3/£1 Organiser : Dean Thetford. See www.seloc.org.uk/ for further details or contact info@seloc.org. uk

Tue 23 July 2013

DEE Summer Evening Event

Marbury Country Park, near Northwich GR SJ 651762 Courses White to Blue Registration from 17.30, start times 18.00-19.15 Organiser: Jenny Beasant 01606 883 605

Orienteering Club Contacts

North West Orienteering Association
www.nwoa.org.uk

Join the club nearest to you and get involved in all the social activities and training sessions.

BARRO Caroline Arnold, 22 Yarlside Road, Barrow-in-Furness, Cumbria LA13 0ER Tel: 01229 823699

BL Christine Goulding: e-mail (Preferred contact) xsy_goulding@hotmail.com 2, Hesket Place, Southwaite CA4 0JU Tel 016974 73628

DEE Richard Hill, 1 Fernlea Mews, Hollands Lane, Kelsall CW6 0QT tel 01829 751125 richard.hill27@btopenworld.com

LOC Jackie Chapman, 42 Greenwood, Kendal, Cumbria LA9 5ED Tel: 01539 733346 e-mail: secretary@lakeland-orienteering.org.uk

MDOC Margaret Gregory, 17 Mersey Meadows, Didsbury, Manchester M20 2GB Tel 0161 445 5653

PFO Gillian Rowan-Wilde, 19 Water Street, Hapton, Burnley BB12 7LQ Tel: 01282 778536

SELOC Caroline Barcham, 3 St John's Close, Crawshawbooth, Rossendale, Lancs BB4 8AR Tel: 01706 221765

SROC Karen Nash, 1 Whitelens Avenue, Lea, Preston PR2 1YA Tel: 01772 721573

WAROC J Laverack, Bleak House, 41 Park Rd, Windermere LA23 2DJ. tel 015394 48778

WCOC Lesley Wornham Dower Cottage, Pardshaw Hall, Cockermouth, CA13 0SP. Tel: 01900 823531



No.168

Fixtures May - August 2013

The details listed are as accurate as possible. Often the club website has further details available, and is more likely to have information that is up to date. The British Orienteering website has links to all the events. www.britisshorienteering.org.uk

Many of the areas used for orienteering are also used to graze sheep. PLEASE DON'T TAKE DOGS ONTO A COURSE WITH YOU. PLEASE keep your DOG on a lead in the car parking area.

Update of event information to, Roger Jackson, Seaton Mill, Workington, Cumbria CA14 1LW Tel: 01900 602083 rogersjackson@msn.com
NEXT ISSUE: July 2013.

Tue 7 May 2013

MDOC Introductory Event

Lyme Park. SJ964823. Signed from A6 just west of Disley. White to Lt Green. 5.30 to 7.00 Must finish by 8.00. £3/1.50 www.mdoc.org.uk Enquiries lyme2013@mdoc.org.uk

Wed 8 May 2013

WAROC Battleaxe Event

Black Fell. Parking at Silverthwaite CP GR340037. 60 minute score event. Starts 18.00-19.00. Suitable for all. £5/2. No dogs allowed. All walls and fences must be crossed at stiles or gates. Check these details before each event for last minute changes. www.waroc.org.uk

Thur 9 May 2013

WCOC Summer Evening Event

Ling Fell, Embleton. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 11 May 2013

BL Level D Event

Hackthorpe New Wood, 4 miles/6km south of Penrith W of A6 - GR NY540234. Starts - 11am. Fees £3/£1.50 Green and Orange Courses. Contact - Mike, 016974 75755 . www.bl-orienteering.org.uk

Sat 11 May 2013

DEE Schools Event

Schools League Relay Race Marbury Country Park. GR

SJ 651762 See DEE web site for further details. Organiser Barbara Jones 01928 788916

Tue 14 May 2013

MDOC Introductory Event

Lyme Park. SJ964823. Signed from A6 just west of Disley. White to Lt Green. 5.30 to 7.00 Must finish by 8.00. £3/1.50 www.mdoc.org.uk Enquiries lyme2013@mdoc.org.uk

Wed 15 May 2013

WAROC Battleaxe Event

Brantwood. Parking at Machell Coppice CP GR310951. 60 minute score event. Starts 18.00-19.00. Suitable for all. £5/2. Check these details before each event for last minute changes. www.waroc.org.uk

Thur 16 May 2013

WCOC Summer Evening Event

Wasdale. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Thur 16 May 2013

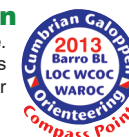
DEE Summer Evening Event

Eastham Woods. GR SJ 365818. Post Code: CH62 0AU Courses White to Blue planned as middle distance courses, Registration from 17.30, start times 18.00-19.15 Organiser Gwyn Thomas (0151 6783404)

Sun 19 May 2013

WCOC Cumbrian Galoppen

Leaps Beck near Lamplugh/Ennerdale. Courses Yellow to Brown. Cost £6/£3. Starts from 10.30am. See www.wcoc.co.uk for details.



Tue 21 May 2013

DEE Summer Evening Event

Delamere East. SJ559711 Courses White to Blue, Registration from 17.30, start times 18.00-19.15 Organiser Simon Coppock 01625 583114

Tue 21 May 2013

SROC Summer Sprint Series

Clitheroe Castle, Clitheroe. Start times 6.30. Fees £5 seniors £3 juniors Organiser Jeff Ball 01524 858176 chinditcoy@yahoo.com or see website www.sroc.org

Wed 22 May 2013 WAROC Battleaxe Event

Loughrigg Fell from Brathay Hall, Ambleside. GR365034. 60 minute score event. Starts 18.00-19.00. Suitable for all. £5/2. Check these details before each event for last minute changes. www.waroc.org.uk

Wed 22 May 2013 Bike O Event

Allerdale Bike Challenge, 2 hour Score event on quiet roads. For all abilities and all types of bike. Start: 5:30pm to 6:30pm Dean Village Hall, nr Cockermouth. Further details on www.bmbo.org.uk or mbo@bmbo.org.uk

Thur 23 May 2013 MDOC Introductory Event

Lyme Park. SJ964823. Signed from A6 just west of Disley. White to Lt Green. 5.30 to 7.00 Must finish by 8.00. £3/1.50 www.mdcc.org.uk Enquiries lyme2013@mdcc.org.uk

Thur 23 May 2013 WCOC Summer Evening Event

Lodore, Hogs Earth, Borrowdale. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 25 May 2013 SELOC Park Series

Burrs Country Park, grid ref: SD799127. Courses: Yellow, Orange & Light Green/Technical. Courses open from 10:00 to 12:00. Cost : £3/£1 Organiser : Paul Turner See www.seloc.org.uk/ for further details or contact info@seloc.org.uk

Tue 28 May 2013 SROC Summer Sprint Series

Halton, Lancaster. Car parking GR SD506649 Start times 6.30. Fees £5 seniors £3 juniors Organiser Mark Edwards 01524 841130 or email mark.edwards170@gmail.com

Wed 29 May 2013 LOC Evening Event

Holme Fell. Courses Yellow plus Short/Long Technical Start Times 18:00 – 19.30. Cost £4/2 (no BOF discount) Organiser Steve Buckley 01539 563606. See LOC website for further details: www.lakeland-orienteering.org.uk

Thur 30 May 2013 MDOC Evening Event

Lyme Park. SJ964823. Signed from A6 just west of Disley. White to Blue. 6.00 to 7.15 Must finish by 8.00. £5/£2 Enquiries summer2013@mdoc.org.uk

Thur 30 May 2013 WCOC Summer Evening Event

Dalegarth West. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 1 June 2013 BL Level D Event

Talkin Tarn, GR NY544591 Start 11am. £2/£1. Approx 1.5 miles from the centre of Brampton going south east on the B6413 to Castle Carrock. No exit to B6413 from Brampton By-Pass, Contact – Gerry Garvey 01768 862019 , www.bl-orienteering.org.uk

Tue 4 June 2013 SROC Summer Sprint Series

Worden Park, Leyland. Start times 6.30. Fees £5 seniors £3 juniors Organiser Les Davies 01704 822395 les@moss-view.co.uk or see website www.sroc.org

Tue 4 June 2013 DEE Summer Evening Event

Little Budworth SJ593654. Courses White to Blue, suitable for novice and experienced orienteers. Registration from 17.30, start times 18.00-19.15 Organiser Sonia Chavasse 01829 741915

Wed 5 June 2013 LOC Evening Event

Bigland North. Courses Yellow plus Short/Long Technical Start Times 18:00 – 19.30. Cost £4/2 (no BOF discount) Organiser Mike Atherton 015395 31833. See LOC website for further details: www.lakeland-orienteering.org.uk

Wed 5 June 2013 Bike O Event

Allerdale Bike Challenge, 2 hour Score event on quiet roads. For all abilities and all types of bike. Start : 5:30pm to 6:30pm at Mill Inn, Dearham, nr Cockermouth Further details on www.bmbo.org.uk or mbo@bmbo.org.uk

Thur 6 June 2013 WCOC Summer Evening Event

Hogg Wood, Ladies Table, Embleton. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Wed 12 June 2013 DEE Summer Evening Event

Bryn Alyn GR SJ 207594. Courses Yellow to Blue, Registration from 17.30, start times 18.00-19.15 Organiser Shiela Hills 01928 787122

Wed 12 June 2013 LOC Evening Event

Newton Fell. Courses Yellow plus Short/Long Technical Start Times 18:00 – 19.30. Cost £4/2 (no BOF discount) Organiser Cliff Etherden 015395 32225. See LOC website for further details: www.lakeland-orienteering.org.uk

Wed 12 June 2013 SROC Informal Event

Scout and Guide Championships at Beacon Fell country park. GR SD564426 Parking in the car parks next to the visitor centre/cafe. Start times 6-7.30pm. Courses white to short blue. Fees £4/£2. Organiser Bob Nash 01772 721573 or email nash.family@talktalk.net or see website www.sroc.org

Wed 12 June 2013 MDOC Countryside Score

Over Peover. Rural score event using public rights of way. Mass start 19.15. Pub food available. www.mdcc.org.uk

Thur 13 June 2013 WCOC Summer Evening Event

Burn Edge, Swarth Fell, Ennerdale. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 15 June 2013 SELOC Urban Event

Level B/NOPESPORT league event around Salford and parts of central Manchester. Full length courses (standard Nopesport classes) including juniors. Assembly at Media City, in front of BBC, postcode M50 2HQ, grid ref: SJ802973.

Sun 16 June 2013 SELOC Sprint Event

A double header orienteering sprint with a prologue race in Lever Park (starts 10.00 – 11.30 a.m.) followed by a mass start final in Horwich Town Centre at 12.30 p.m. Courses for juniors and seniors

Sun 16 June 2013 BL Level C Event

Cumbrian Galoppen at Binsey - on A591 between Bothel and Keswick. Courses Yellow to Brown, Registration 10.00 – 12.00 Start Times 10.30 – 12.30. Fees £5/2 (+ £2 for non BOF members) Organiser Avis Armer – 016973 71579 www.bl-orienteering.org.uk

Mon 17 June 2013 SROC Summer Sprint Series

Salt Ayre, Lancaster. Start times 6.30. Fees £5 seniors £3 juniors Organiser Rowena Browne 01524 32428 rowencbrowne@gmail.com or see website www.sroc.org

Tue 18 June 2013 MDOC Evening Event

Brereton Heath SJ795654 Signed from A54 Holmes Chapel to Congleton road. White to Blue. 6.00 to 7.15. £5/£2 Enquiries summer2013@mdoc.org.uk www.mdcc.org.uk

Wed 19 June 2013 LOC Evening Event

Guards Wood. Courses Yellow plus Short/Long Technical Start Times 18:00 – 19.30. Cost £4/2 (no BOF discount) Organiser Andy Ligema 015394 41661. See LOC website for further details: www.lakeland-orienteering.org.uk

Wed 19 June 2013 Bike O Event

Allerdale Bike Challenge, 2 hour Score event on roads. For all abilities and all types of bike. Start: 5:30pm to 6:30pm at 4Play Cycles, Cockermouth Further details on www.bmbo.org.uk or mbo@bmbo.org.uk

Thur 20 June 2013 WCOC Summer Evening Event

Barf, Whinlatter Forest. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Wed 26 June 2013 DEE Summer Evening Event

Rivacre Country Park GR SJ383779. Courses White to Blue Registration from 17.30, start times 18.00-19.15. Organiser Chris Calow 01928 722326

Wed 26 June 2013 MDOC Countryside Score

Macclesfield. Rural score event using public rights of way. Mass start 19.15. Pub food available. www.mdcc.org.uk

Wed 26 June 2013 LOC Evening Event

Orrest Head, Windermere. Courses Yellow plus Short/Long Technical Start Times 18:00 – 19.30. Cost £4/2 (no BOF discount) Organiser Charles Flanagan 015394 42099. See LOC website for further details: www.lakeland-orienteering.org.uk

Thur 27 June 2013 WCOC Summer Evening Event

Setmurthy Forest, near Cockermouth. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 29 June 2013 SELOC Park Series

Clifton Country Park grid ref: SD770042. Courses: Yellow, Orange & Light Green/Technical. Courses open from 10:00 to 12:00. Cost : £3/£1 Organiser : Wendy Olsen. See www.seloc.org.uk/ for further details or contact info@seloc.org.uk

Tue 2 July 2013 SROC Summer Sprint Series

Chorley and Astley. Start times 6.30. Fees £5 seniors £3 juniors Organiser Tony Marlow 01772 698918 or email antonymarlow@gmail.com or see website www.sroc.org

Wed 3 July 2013 LOC Evening Event

Kentmere. Courses Yellow plus Short/Long Technical Start Times 18:00 – 19.30. Cost £4/2 (no BOF discount) Organiser John Nash 01539 725921. See LOC website for further details: www.lakeland-orienteering.org.uk

Thur 4 July 2013 WCOC Summer Evening Event

Southerdale. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Thur 4 July 2013 DEE Summer Evening Event

Erddig Estate, near Wrexham GR SJ 324494. Courses White to Blue Registration from 17.30, start times 18.00-19.15 Organisers: Sue & John Sherwood 01270 629 666.

Tue 9 July 2013 SROC Summer Sprint Series

University of Cumbria. Start times 6.30. Fees £5 seniors £3 juniors Organiser Sarah Watkins 01254 67874 or email sarah_j_watkins@btinternet.com or see website www.sroc.org

Wed 10 July 2013 LOC Evening Event

Kendal Castle. Courses Yellow plus Short/Long Technical Start Times 18:00 – 19.30. Cost £4/2 (no BOF discount) Organiser Mark Saunders 01524 388538. See LOC website for further details: www.lakeland-orienteering.org.uk

