

7.30. Entry fee £3 seniors/ £1 juniors. Organiser Bob Nash 01772 721573 nash.family@talktalk.net or see website www.sroc.org

Thur 21 March 2013 WCOC Spring Fell Series

Easy mass start orienteering. Long and short courses. Start 5.45pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 23 March 2013 SELOC Park Series

Nuttall Park, Ramsbottom, Bury, BL0 9LU, grid ref SD796162. Courses: Yellow, Orange & Light Green/ Technical. Courses open from 10:00 to 12:00. Cost : £3/£1. See www.seloc.org.uk

Sun 24 March 2013 DEE Level C Event

Bickerton Hill. MR SJ 509538, SY14 8AU Courses Yellow to Brown. String course at event centre. Starts 10.30 - 12.30. Organiser Barry Barnes (01606 888845)

Thur 28 March 2013 WCOC Spring Fell Series

Easy mass start orienteering. Long and short courses. Start 5.45pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Thur 4 April 2013 WCOC Spring Fell Series

Easy mass start orienteering. Long and short courses. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 6 April 2013 SROC Spring Series

Dalton Crags, Burton in Kendal Start times 12.30-2. Informal score event suitable for beginners and more experienced orienteers. Organiser Alex Finch 01524 702617 or email alex@finchfamily.org.uk See website www.sroc.org

Sun 7 April 2013 BL Level B Event

Burnbanks, Haweswater, Penrith. Starts 10.30 – 12.30pm. Courses: Black, Brown, Short Brown, Blue, Short Blue, Green, Short Green, Very Short Green, Light Green, Orange, Yellow, and White + String. Pre-entry Seniors £8.00, Juniors Pre-entry £4, Contact – Paul & Judy Johnson, 01931 713625, www.bl-orienteering.org.uk

Wed 10 April 2013 LOC Technical Series

Sales Bank. Course Short/Long Technical **Experienced Orienteers Only** Start Times 17.30 – 18.30. Cost £4/2 Organiser Carol McNeil 01229 861507. See LOC website for further details: www.lakeland-orienteering.org.uk

Thur 11 April 2013 WCOC Spring Fell Series

Easy mass start orienteering. Long and short courses. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 13 April 2013 LOC Middle Distance Event

Esthwaite Intake. Courses Yellow-Black. Organiser Sue Butterfield 01229 582770 See LOC website for further details: www.lakeland-orienteering.org.uk

Sun 14 April 2013 LOC Level B Event

Classic Distance Regional Event. Graythwaite. Courses White to Black. Organiser Roger Smith 01539 568671 See LOC website www.lakeland-orienteering.org.uk

Orienteering Club Contacts

North West Orienteering Association
www.nwoa.org.uk

Join the club nearest to you and get involved in all the social activities and training sessions.

BARRO Caroline Arnold, 22 Yarlside Road, Barrow-in-Furness, Cumbria LA13 0ER Tel: 01229 823699

BL Christine Goulding: e-mail (Preferred contact) xsy_goulding@hotmail.com 2, Heskett Place, Southwaite CA4 0JU Tel 016974 73628

DEE Richard Hill, 1 Fernlea Mews, Hollands Lane, Kelsall CW6 0QT tel 01829 751125 richard.hill27@btopenworld.com

LOC Jackie Chapman, 42 Greenwood, Kendal, Cumbria LA9 5ED Tel: 01539 733346 e-mail: secretary@lakeland-orienteering.org.uk

MDOC Margaret Gregory, 17 Mersey Meadows, Didsbury, Manchester M20 2GB Tel 0161 445 5653

PFO Gillian Rowan-Wilde, 19 Water Street, Hapton, Burnley BB12 7LQ Tel: 01282 778536

SELOC Caroline Barcham, 3 St John's Close, Crawshawbooth, Rossendale, Lancs BB4 8AR Tel: 01706 221765

SROC Karen Nash, 1 Whitelens Avenue, Lea, Preston PR2 1YA Tel: 01772 721573

WAROC J Laverack, Bleak House, 41 Park Rd, Windermere LA23 2DJ. tel 015394 48778

WCOC Lesley Wornham Dower Cottage, Pardshaw Hall, Cockermouth, CA13 0SP. Tel: 01900 823531



Fixtures January - April 2013

No.166

The details listed are as accurate as possible. Often the club website has further details available, and is more likely to have information that is up to date. The British Orienteering website has links to all the events. www.britisshorienteering.org.uk

Many of the areas used for orienteering are also used to graze sheep. PLEASE DON'T TAKE DOGS ONTO A COURSE WITH YOU. PLEASE keep your DOG on a lead in the car parking area.

Update of event information to, Roger Jackson, Seaton Mill, Workington, Cumbria CA14 1LW Tel: 01900 602083 rogersjackson@msn.com
NEXT ISSUE: March 2013.

Sat 5 January 2013 MDOC Annual Charity Event

Lyme Park, Disley. Entrance on A6. SJ964823. John O'Goats Race + Novice. Register 10.00 to 10.45. Mass Start 11.00. Details on www.mdcc.org.uk Enquiries to lyme2013@mdcc.org.uk

Thur 10 January 2013 WCOC Winter Evening Series

Mell Fell nr Troutbeck Starts 6.00pm – 7.00pm. Seniors £3, Juniors £1.50 Long and short courses. Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Thur 10 January 2013 MDOC Night Street League

Bollington. Score event. Starts 6.30 to 7.30. Fee £3/£1.50. Hi-Vis clothing. Special rules for under 18s. Details on www.mdcc.org.uk. Enquiries to streetleague2012@mdcc.org.uk or 0145 786 6264

Wed 16 January 2013 SROC Night Event

Night street league. Event 6 Ramsbottom. Score event 60 or 75mins (Note no 40 minute option this year). Start times 6.30-7.30. Entry fee £3 seniors/ £1 juniors. There may be an additional charge for facilities.. Lights desirable, high visibility clothing essential. Organiser Paul Turner and Pete Kidd pturner958@btinternet.com and mrpetekidd@virginmedia.com or see website www.sroc.org .

Sat 12 January 2013 PFO Whalley Event

Spring Wood, Whalley. At lights on A671. BB7 9TD White, Yellow, Orange, Score. £5/£2. Starts from 10.30. Final details on www.pfo.org.uk

Wed 16 January 2013 SROC Night Street League

Ramsbottom. Score event 60 or 75mins. Start times 6.30-7.30. Entry fee £3 seniors/ £1 juniors. Organiser Paul Turner and Pete Kidd pturner958@btinternet.com or see website www.sroc.org

Thur 17 January 2013 WCOC Winter Evening Series

Jaws of Borrowdale, nr Grange Starts 6.00pm – 7.00pm. Seniors £3, Juniors £1.50 Long and short courses. Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 19 January 2013 MDOC Night Event

NW Night League Event in Macclesfield Forest SJ 960712. Starts 6.00 to 7.15. Blue, Green, Orange courses. Fee £4/£2. Details on www.mdcc.org.uk Enquiries to 01663 764799. chris.rostron@ntlworld.com

Sat 19 January 2013 BL Level D Event

Gelt Woods East, Nr Brampton. GR NY519591. Start 11am. Fees £3/£1.50. Green & Orange Courses. Contact – Mark Hawker 016977 42788, www.bl-orienteering.org.uk

Tue 22 January 2013 MDOC Night Street League

New Mills. Score event. Starts 6.30 to 7.30. Fee £3/£1.50. Hi-Vis clothing. Special rules for under 18s. Details on www.mdcc.org.uk. Enquiries to streetleague2012@mdcc.org.uk or 0145 786 6264

Thur 24 January 2013 WCOC Winter Evening Series

Whoop, nr Ennerdale Bridge Starts 6.00pm – 7.00pm. Seniors £3, Juniors £1.50 Long and short courses. Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 26 January 2013 DEE Schools Event

Eastham Country Park Schools league and Come and Try It Event. GR SJ 365818. Post Code: CH62 0AU. Courses White to Green, suitable for novice and intermediate/experienced orienteers. Start times 10.30-12.00. Fees - £2 juniors £4 seniors. Organiser Sian Calow 01928 722326

Sat 26 January 2013 SELOC Park Series

Amberswood Common. WN2 3UF, grid ref SD609034 Courses: Yellow, Orange & Light Green/Technical Courses open from 10:00 to 12:00. Cost : £3/£1 Organiser : Stephen Richards See www.seloc.org.uk

Sat 26 January 2013 SELOC Night Event

Amberswood Common, WN2 2AG, grid ref SD603045. Courses: Orange, Green, Blue Registration from 17:30. Starts from 18:00 to 19:15. Cost : £6 / £3. Organiser: Stephen Richards. See www.seloc.org.uk

Wed 30 January 2013 SROC Night Street League

Clayton le Woods. Score event 60 or 75mins. Start times 6.30-7.30. Entry fee £3 seniors/ £1 juniors. Organiser Tony Marlow 01772 698918 or antonymarlow@gmail.com or see website www.sroc.org

Thur 31 January 2013 WCOC Winter Evening Series

Miterdale, nr Eskdale Green Starts 6.00pm – 7.00pm. Seniors £3, Juniors £1.50 Long and short courses. Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 2 February 2013 LOC Night Series

Cunswick Scar, Kendal. Courses Orange, Green and Blue. Start Times 18:00-19:15. Organiser Tony Richardson 01539 722552 See LOC website for further details: www.lakeland-orienteering.org.uk

Sat 2 February 2013 MDOC Park Event

Chorlton Water Park. Starts 10.30 to 11.30. Fee £3/£1.50. White to Lt Green + 2-part head-to-head Race. Details on www.mdoc.org.uk. Enquiries to spring2013@mdoc.org.uk

Tue 5 February 2013 MDOC Night Street League

The Heatons. Score event. Starts 6.30 to 7.30.

Fee £3/£1.50. Hi-Vis clothing. Special rules for under 18s. Details on www.mdoc.org.uk. Enquiries to streetleague2012@mdoc.org.uk or 0145 786 6264

Thur 7 February 2013 WCOC Winter Evening Series

Uldale/Flat Fell nr Ennerdale Bridge Starts 6.00pm – 7.00pm. Seniors £3, Juniors £1.50 Long and short courses. Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 9 February 2013 DEE Schools Event

High Town Dunes Schools league and Come and Try It Event. Map ref: SD299005 Post Code: L23 8SY Courses White to Green, suitable for novice and intermediate/ experienced orienteers. Start times 10.30-12.00. Fees - £2 juniors £4 seniors. Organiser Alan Mullock 01744 23959

Sat 9 February 2013 SROC Spring Series

Williamson Park, Lancaster. Start times 12.30-2. Informal score event suitable for beginners and more experienced orienteers. Organiser John Taylor 01524 69641 or email jht1949@gotadsl.co.uk See website www.sroc.org

Sat 9 February 2013 BL Level D Event

Milton Rigg Wood, Nr Brampton. GR NY NY564618. Starts 11am. £3/£1.50 Green and Orange courses. Signed from A69 approx 2 miles from the centre of Brampton going east. Contact – Andy Lewsley 016977 3139. www.bl-orienteering.org.uk

Wed 13 February SROC Night Street League

Ecclestone. Score event 60 or 75mins. Start times 6.30-7.30. Entry fee £3 seniors/ £1 juniors. Organiser Andy Quickfall 01257 450339 andy.quickfall@talktalk.net or see website www.sroc.org

Thur 14 February 2013 WCOC Winter Evening Series

Whinlatter (Noble Knott) nr Keswick Starts 6.00pm – 7.00pm. Seniors £3, Juniors £1.50 Long and short courses. Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 16 February 2013 LOC Night Series

Stockbird Head, Bouth. Courses Orange, Green and Blue. Start Times 18:00-19:15. Organiser

Hollie Orr 07969 468853 See LOC website for further details: www.lakeland-orienteering.org.uk

Sun 17 February 2013 LOC Regional Event

NW Compass Sport Cup Round. Claife Heights. Courses Yellow to Brown. Organiser Derek Allison 015395 31167 See LOC website www.lakeland-orienteering.org.uk

Thur 21 February 2013 MDOC Night Street League

Event 8. Bollington. Score event. Starts 6.30 to 7.30. Fee £2/£1. SI timing. Hi-Vis clothing. Special rules for under 18s. Pub venue offers meals. Details on www.mdoc.org.uk. Enquiries to streetleague2012@mdoc.org.uk or 0145 786 6264

Thur 21 February 2013 WCOC Winter Evening Series

Mosser Fell, nr Cockerham Starts 6.00pm – 7.00pm. Seniors £3, Juniors £1.50 Long and short courses. Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 23 February 2013 DEE Night Event

Delamere South. Part of NWOL Night League.. Parking at GR SJ 542 716. Blue, Green, Orange. Starts 18:45-19:30. £6/£3. Organiser Bob Elmes 01928 731946

Sun 24 February 2013 WCOC Cumbrian Galoppen

Sale Fell and Wythop Woods, nr Cockerham. Full range of colour coded courses from Yellow to Brown, including Short Green. Organisers Kim and Howard Leslie (01900 825648). Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 23 February 2013 SELOC Park Series

Oldham. Courses: Yellow, Orange & Light Green/Technical. Courses open from 10:00 to 12:00. Cost : £3/£1. See www.seloc.org.uk

Wed 27 February 2013 SROC Night Street League

Helmshore. Score event 60 or 75mins. Start times 6.30-7.30. Entry fee £3 seniors/ £1 juniors Organiser Steve Wilson stewilson100@yahoo.co.uk or see website www.sroc.org

Thur 28 February 2013 MDOC Night Street League

Bollington. Score event. Starts 6.30 to 7.30. Fee £3/£1.50. Hi-Vis clothing. Special rules for under 18s. Details on www.mdoc.org.uk. Enquiries to streetleague2012@mdoc.org.uk or 0145 786 6264

Thur 28 February 2013 WCOC Winter Evening Series

Hawse End, nr Keswick Starts 6.00pm – 7.00pm. Seniors £3, Juniors £1.50 Long and short courses. Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 2 March 2013 LOC Night Event

Northern Night Championships and NWNL, Great Tower. Courses Short Green to Brown plus Orange. Cost £8/4. Enter online at www.fabian4.co.uk Organiser Derek Fryer 01229 836235 See LOC website for further details: www.lakeland-orienteering.org.uk

Sat 2 Mar 2013 MDOC Park Event

Bramhall Park. Starts 10.30 to 11.30. Fee £3/£1.50. White to Lt Green + 2-part head-to-head Race. Details on www.mdoc.org.uk. Enquiries to spring2013@mdoc.org.uk

Sat 2 March 2013 BL Level D Event

Coombs Wood, Armthwaite. GR NY514450 Starts 11am. Fees £3/£1.50 Green and Orange courses. Signed from Eden Bridge, Armthwaite. Contact – Isabel Berry 07754 235997. www.bl-orienteering.org.uk

Sun 3 March 2013 SROC Tim Watkins Trophy

Hutton Roof. Mass start long distance event. Organiser Mark Edwards 01524 841130, email mark.edwards170@googlemail.com or see website www.sroc.org

Thur 7 March 2013 WCOC Spring Fell Series

Easy mass start orienteering. Long and short courses. Start 5.45pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

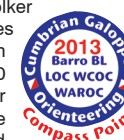
Sat 9 March SROC Spring Series

Arnside Knot, Silverdale. Start times 12.30-2. Informal score event suitable for beginners

and more experienced orienteers. Organiser Mike Johnsonab 01524 383414 or email mikejohnsonab@btinternet.com See website www.sroc.org

Sun 10 March 2013 LOC Cumbrian Galoppen

Galoppen & YBT Heat. Holker Woodlands, Cartmel. Courses Yellow to Brown Registration 10.00 – 12.00 Start Times 10.30 – 12.30. Cost £6/3 Organiser Jo Cleary 015395 30134 See LOC website www.lakeland-orienteering.org.uk



Wed 13 March 2013 SROC Night Street League

Addington. Score event 60 or 75mins. Start times 6.30-7.30. Entry fee £3 seniors/ £1 juniors. Organiser Darren Baker and Ed Mellor darrenbaker0284@googlemail.com or see website www.sroc.org

Thur 14 March 2013 WCOC Spring Fell Series

Easy mass start orienteering. Long and short courses. Start 5.45pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk and on club ansaphone in week leading up to event 01768 895539

Sat 16 March 2013 DEE Schools Event

Erdigg Estate Schools league and Come and Try It Event. GR SJ 324494. Courses White to Green, suitable for novice and intermediate/experienced orienteers. Start times 10.30-12.00. Fees - £2 juniors £4 seniors.

Sat 16 Mar 2013 MDOC Park Event

Prestwich Forest Park. Starts 10.30 to 11.30. Fee £3/£1.50. White to Lt Green + 2-part head-to-head Race. Details on www.mdoc.org.uk. Enquiries to spring2013@mdoc.org.uk

Sun 17 March 2013 BL Cumbrian Galoppen

Cumbrian Galoppen on Gowbarrow, Ullswater GR NY408219 Courses –Yellow to Brown. Starts 10.30 – 12.30. Fees £5/2 Contact – www.bl-orienteering.org.uk



Wed 20 March 2013 SROC Night Street League

Event 11 and prize giving Bamber Bridge Score event 60 or 75mins. Start times 6.30-