Sat 18 October 2014 PFO Club Champs

Mankinholes, Todmorden. Level D. 45 minute Score. Age/gender bonus & late penalties. PFO free. Visitors £5/£2. Full details http://www.pfo.org.uk/events/club-champs-stoodley-pike-oct-18-2014

Wed 22 October 2014 SROC Night Street League

Event 1 Blackburn Score event: 60 or 75 minutes Starts 6.30 to 7.30. Entry fee: £3 seniors, £1 juniors. Lights and high visibility clothing essential. Organiser and Series Coordinator: Bob Nash 01772 721573 or email nash.family@ talktalk.net see www.sroc.org

Sat 25 October 2014 SELOC Park Series

Nuttall Park, Bury GR SD795164 -nearest postcode BL0 0AS Courses: Yellow, Orange & Light Green/Technical. Courses open from 10:00 to 12:00. Cost: £3/£1 Organiser: Paul Booth. See http://www.seloc.org.uk/ for further details or contact info@seloc.org.uk

Thur 30 October 2014 WCOC Spook-O

Whinlatter Visitor Centre. Spooky course suitable for all ages! Starts 6 - 7 pm. See www.wcoc.co.uk for full details

Thur 6 November 2014 WCOC Night Series

TBC. Long, short and Novice courses suitable for all ages and ability. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcc.co.uk for full details.

Sat 15 November 2014 PFO November Night

Venue TBC. Level D. Snook-O Score format. £3/£1. Full details http://www.pfo.org.uk/events/nov-nights-1-tbc-nov-15-2014

Sat 22 November 2014 PFO November Night

Peel Park & the Coppice, Accrington. Level D. Snook-O Score format. £3/£1. Full details http://www.pfo.org.uk/events/nov-nights-2-peel-park-nov-22-2014

Sat 6 December 2014 PFO Night & Day weekend.

NWNL / PFO Night. Towneley Park & Colliery, Burnley. Orange, Green, Blue. £7/£3. Full details http://www.pfo.org.uk/events/nwnl-towneley-dec-6-2014

Sun 7 December 2014 PFO Night & Day weekend.

PFO Day. Towneley Park & Colliery, Burnley. Level C. White to Brown. £7/£3. Full details http://www.pfo.org.uk/events/towneley-park-colliery-dec-7-2014

Orienteering Club Contacts

You can join an orienteering club quite easily by following the links on the British Orienteering website www.britishorienteering.org.uk

North West Orienteering Association www.nwoa.org.uk

Join the club nearest to you and get involved in all the social activities and training sessions.

BARRO Caroline Arnold, 22 Yarlside Road, Barrow-in-Furness, Cumbria LA13 0ER Tel: 01229 823699

BL Christine Goulding: e-mail (Preferred contact) xsy_goulding@hotmail.com 2, Hesket Place, Southwaite CA4 0JU Tel 016974 73628

DEE Richard Hill, 1 Fernlea Mews, Hollands Lane, Kelsall CW6 0QT tel 01829 751125 richard.hill27@btopenworld.com

LOC Jackie Chapman, 42 Greenwood, Kendal, Cumbria LA9 5ED Tel: 01539 733346 e-mail: secretary@lakeland-orienteering.org.uk

MDOC Margaret Gregory, 17 Mersey Meadows, Didsbury, Manchester M20 2GB Tel 0161 445 5653

PFO Gillian Rowan-Wilde, 19 Water Street, Hapton, Burnley BB12 7LQ Tel: 01282 778536

SELOC Caroline Barcham, 3 St John's Close, Crawshawbooth, Rossendale, Lancs BB4 8AR Tel: 01706 221765

SROC Karen Nash, 1 Whitelens Avenue, Lea, Preston PR2 1YA Tel: 01772 721573

WAROC J Laverack, Bleak House, 41 Park Rd, Windermere LA23 2DJ. tel 015394 48778

WCOC Lesley Wornham Dower Cottage, Pardshaw Hall, Cockermouth, CA13 0SP. Tel: 01900 823531



No.175

Fixtures July - October 2014

The details listed are as accurate as possible. Often the club website has further details available, and is more likely to have information that is up to date. The British Orienteering website has links to all the events. www.britishorienteering.org.uk

Many of the areas used for orienteering are also used to graze sheep. PLEASE DON'T TAKE DOGS ONTO A COURSE WITH YOU. PLEASE keep your DOG on a lead in the car parking area.

Please be mindful of the prevailing weather conditions when deciding on your clothing for the competition, and carry extra if needed.

Update of event information to, Roger Jackson, Seaton Mill, Workington, Cumbria CA14 1LW Tel: 01900 602083 rogersjackson@msn.com
NEXT ISSUE: September 2014.

Wed 9 July 2014 LOC Summer Series

Cunswick Scar. Start Times 18:00 – 19:00. Cost £4/2 Organiser Nick Howlett. See LOC website for further details: www.lakeland-orienteering.org.uk

Wed 9 July 2014 MDOC Countryside Score event.

Mobberley. Bird in Hand, Knolls Green. WA16 7BW. Rural event using public rights of way. Pub food. Mass Start 7:15pm. Fee £3/£1.50. Details www.mdoc.org.uk. Enquiries to Score2014@mdoc.org.uk

Thur 10 July 2014 DEE Summer Evening Event

Plus a come and Try It Event at Bryn Alyn. GR SJ 207594. Courses Yellow to Blue. Registration from 17.30, start times from 18.00-19.15. Cost£4.50/2.50. Organiser Phil Hay 01244538494.

Tue 15 July 2014 MDOC Summer Series

Alderley Edge. GR860772. National Trust Car Park on B5087 Alderley Edge to Macclesfield Road. Courses White to Blue. Registration from 5:30 pm. Starts from 6:00-7:15 pm. Fees $\mathfrak{L}5/\mathfrak{L}2$. Enquiries to summer2014@mdoc.org.uk or Tony Wagg 0161 445 0902.

Wed 16 July 2014 LOC Summer Series

Bowkerstead. Start Times 18:00 – 19:00. Cost £4/2 Organiser Matt Rooke. See LOC website for further details: www.lakeland-orienteering.org.uk

Thur 17 July 2014 WCOC Summer Series

Darling How / Greystones, nr Spout Force, Whinlatter. Long, short and novice courses. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

Sat 19 July 2014 BL Level D Event

Gelt Woods East, Off A69 near Brampton. GR NY519591 Starts 11am – 12md. Fees £3/£1.50 White, Green and Orange courses..Contact Jeff Powell-Davies 01768 484129 www.bl-orienteering.org.uk

Sat 19 July 2014 SELOC Park Series

Chesham Woods, Bury. GR SD810122, nearest postcode BL9 6NG Courses: Yellow, Orange & Light Green/Technical. Courses open from 10:00 to 12:00. Cost: £3/£1 Organiser: Clive Atty. See http://www.seloc.org.uk/ for further details or contact info@seloc.org.uk/

Wed 23 July 2014 DEE Summer Evening

Plus a Come and Try It Event at Erddig Estate GR SJ 324494. Courses Yellow to Blue. Registration from 17.30, start times from 18.00-19.15. Cost£4.50/2.50. Organiser Sian Calow 01928722326.

Wed 23 July 2014 MDOC Countryside Score event.

Marple. The Romper, Ridge End SK6 7ET. Rural event using public rights of way. Pub food. Mass Start 7:15pm. Fee £3/£1.50. Details www.mdoc.org.uk. Enquiries to Score2014@mdoc.org.uk

Thur 24 July 2014 WCOC Summer Series

Cogra Moss / Burnbanks, nr Leaps Beck. Long, short and novice courses. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

Thur 31 July 2014 WCOC Summer Series

Bleaberry Fell, nr Keswick. Long, short and novice courses. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

Sun 3 August 2014 Lakes 5 Day

BL Event Day1 on Swindale South Near Shap. Contact John Roelich 01228 548975 www.bl-orienteering.org.uk

3-8 August 2014 Lakes 5 Day

See website for entry details etc www.lakes5. org.uk

Wed 6 August 2014 LOC Urban Event

Ulverston. Lakes 5-Day Rest Day Event. Courses Yellow to Black. Cost £8/£4 Start Times 17:00 – 19:00 Enter On-line at http://www.fabian4.co.uk via Lakes 5-Day event. Organiser: Sue Butterfield bbobsue12@aol.com or 01229 582770. See Lakes 5 Days website for further details: http://www.lakes5.org.uk/2014/urbanstreet-races

Thur 14 August 2014 WCOC Summer Series

Whinlatter Fell. Long, short and novice courses. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

Thur 21 August 2014 WCOC Summer Series

Matty Benns / Worm Gill. Long, short and novice courses. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

Thur 28 August 2014 WCOC Summer Series

Finale at Whinlatter Visitors Centre. Long, short and novice courses. Starts 6 - 7 pm. Seniors $\mathfrak L3$ Juniors $\mathfrak L3.50$ Prizegiving in the Coledale Inn afterwards. See www.wcoc.co.uk for full details.

Sat 30 August 2014 PFO CAPRICORN

Gisburn Forest & Moors. At the Hub. Mini Mountain Marathon: 4, 3 and 2 hour score. £10/£5. Pre-entries Fabian4. Full details o http://www.pfo.org.uk/events/capricorn-2014-aug-30-2014

Thur 4 September 2014 WCOC Autumn Park Series

TBC. Long and short suitable for all ages and ability. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

Sat 6 September 2014 PFO Autumn Intro Event

Marl Pits, Rossendale. Level D. W, Y, O. £3/£1 Full details http://www.pfo.org.uk/events/marl-pits-sep-6-2014

Thur 11 September 2014 WCOC Autumn Park Series

TBC. Long and short suitable for all ages and ability. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

Sat 13 September 2014 BL Level D Event

Aughertree,Nr Caldbeck. GR NY268377. Starts 11am – 12md. Fees £3/£1.50 White, Green and Orange courses. Contact Phil Nichols 016973 43269 www.bl-orienteering.org.uk

Sat 13 September 2014 MDOC Park Score Event

Permission awaited. Chorlton Water Park, Manchester. SJ823919 M21 7WH.. 45 minute Score with technical option + Yellow. Starts 10.30 to 11.15. Fee £3/£1.50. SI punching. Enquiries to autumn2014@mdoc.org.uk. Details www.mdoc.org.uk

Thur 18 September 2014 WCOC Autumn Park Series

TBC. Long and short suitable for all ages and ability. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

Sat 20 September 2014 DEE Schools Event

Cheshire & Merseyside Schools League Event at Calderstones Park. GR SJ406879. Courses White – Green. Registration from 10.00, start times from 10.30-12.00. Cost £4.50/2.00. Preentry procedure for schools will be advised to schools coordinators. EOD for individuals. Organiser TBC

Sat 20 September 2014 SROC Autumn Series

Williamson Park, Lancaster Start times 12.30-1.30 Fees £5/£2 Courses technical and yellow/ orange See www.sroc.org nearer the time

Join a Club and Enjoy the Whole Experience!

Sat 20 September 2014 PFO Autumn Intro Event

Lee Quarry, Bacup, Rossendale. Level D. W, Y, O, LG. £3/£1 Full details http://www.pfo.org.uk/events/lee-quarry-sep-20-2014

Sun 21 September 2014 WCOC Cumbrian Galoppen

Cumbrian Galoppen at Ling Fell. Parking tbc. Usual range of courses, Yellow to Brown. Registration 10.00 - 12.00. Starts 10.30 - 12.30. Seniors £6 Juniors £3 See www.wcoc. co.uk for full details.



Thur 25 September 2014 WCOC Autumn Park Series

TBC. Long and short suitable for all ages and ability. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

Sat 27 September 2014 PFO Autumn Intro Event

Calf Hey, Haslingden, Rossendale. Level D. W, Y, O, LG, G £3/£1 Full details http://www.pfo.org.uk/events/calf-hey-sep-27-2014

Sat 27 September 2014 DEE Sandstone Trail Race

Entries open on 1 July on Fabian4. A race (17.1 miles) starts at Duckington at 10.00. B race (10.6 miles) starts at Beeston at 11.00. Buses to start depart Delamere 08.30. See club website www.deeside-orienteering-club.org.uk. Organiser Geoff Shaw 07919 191995.

Sun 28 September 2014 SELOC Level B Event

Clowbridge near Burnley. GR SD823279, nearest postcode BB11 5PF. Newly updated and extended map of wonderful open Lancashire moorland Courses: Full range of courses. Registration from 10:30. Organiser: Caroline Barcham. See http://www.seloc.org.uk/ for further details or contact info@seloc.org.uk

Thur 2 October 2014 WCOC Autumn Park Series

TBC. Long and short suitable for all ages and ability. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

Sat 4 October 2014 PFO Autumn Event

Final Event at Aitken Wood, Barley. Lancs. Level C. Y, O, LG, G, BI £5/£2 Full details http://www.pfo.org.uk/events/aitken-wood-oct-4-2014

Sat 4 October 2014 MDOC Park Score Event

Permission awaited. Wythenshawe Park, South Manchester. SJ813896 M23 0AB. 45 minute Score with technical option + Yellow. Starts 10.30 to 11.15. Fee £3/£1.50. SI punching. Enquiries to autumn2014@mdoc.org.uk. Details www.mdoc.org.uk

Sun 5 October 2014 DEE Level B Event

Formby Dunes. GR SD276065. White – Black. Registration 1000-1130 Starts 1030-1330. Cost £9.00/£5.00. Entry limit of 500. Pre-entry via www.fabian4.co.uk. EOD if available cost £11.00/6.00. Organiser Norman Hall 01695 422919.

Thur 9 October 2014 WCOC Autumn Park Series

TBC. Long and short suitable for all ages and ability. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

Sat 11 October 2014 SROC Autumn Series

Eaves Wood, Silverdale Start times 12.30-1.30 Fees £5/£2 Courses technical and yellow/ orange see www.sroc.org nearer the time.

Sun 12 October 2014 BL Level C Event

Cumbrian Galoppen event on The Beacon, Penrith. GR NY528296 Penrith Rugby Club, CA11 8RG. Bus to start. Starts 10.30 – 12.30pm. Fees £6/£2.50 (+£2 for non BOF members) Courses Yellow to Brown. Contact Ron Kenyon 01768 864728 www.bl-orienteering.org.uk

Thur 16 October 2014 WCOC Autumn Park Series

TBC. Long and short suitable for all ages and ability. Starts 6 - 7 pm. Seniors £3 Juniors £1.50 See www.wcoc.co.uk for full details.

