

First Aid, Emergency and A&E Information

First Aid

The first aid is at the Download (Finish). Julie Brook is the MDOC helper providing first aid.

Emergency Information

The location to give to emergency services is:

| If in Lyme Park | If in Disley Station |
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| SK12 2NR SJ965845 ///awaiting.amps.fatter Entrance to the park from the A6. | SK12 2AE SJ973846 ///slack.rhino.stoppage Entrance to the station from A6 |

Nearest A&E: Stepping Hill

Opening times: 24hr

Tel: 0161 483 1010

Address: Stepping Hill Hospital, Poplar Grove, Stockport, Cheshire, SK2 7JE

Directions: Turn NW up the A6 through Hazel Grove. Stepping Hill is signposted after 4.8miles / 15 minutes.

