

Of Rock and Marquette Counties

December 9, 2024

**FOR IMMEDIATE RELEASE DEMENTIA PROGRAM**

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**Are you struggling through the holidays as a caregiver?**

**Understand the grief, loss and mourning associated**

**with caring for someone with dementia.**

**Join us for**

**Moving Forward:**

**Grief and Ambiguous Loss Associated with Dementia Caregiving**

The Aging & Disability Resource Centers of Rock and Marquette Counties are offering the 16-week grief and bereavement educational support group on Monday afternoons from 2-4pm beginning January 13 and running through April 28, 2024. This is a virtual group. There is no cost to attend. **Registration and screening are required.**

**Who is this group for?** The group is for anyone who is or has cared for someone with dementia. Caring for someone with dementia presents a constant series of losses and not just those related to death. Each session will cover a grief, loss and mourning topic followed by about 60 minutes of conventional support group discussion.

For more information or to register, please contact

Rock County Dementia Care Specialist, Karen Tennyson at 608/921-7165 or [karen.tennyson@co.rock.wi.us](mailto:karen.tennyson@co.rock.wi.us)

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