

WEBINAR LUNCH & LEARN EVENT:

PARKINSON'S: BEYOND THE SHAKES

Wednesday, October 16, 2024

12:00pm - 1:00pm

We will look at common motor and non motor symptoms. People with Parkinson's and their experiences. Touch on evidence-based treatments that can be implemented into daily life that may help alleviate or reduce symptoms and improve mobility, independence and quality of life.



Joy Cochran PT, DPT is a Doctor of Physical Therapy and Owner of JOY Explorations. Joy's passion is to empower clients, specifically older adults and those with neurologic conditions to play, explore movement, and go on adventures to promote healthier, happier and more meaningful lives.

Joy is a Credentialed Balance and Falls Professional and Certified Exercise Expert for the Aging Adult (CEEAA) through the Geriatric Academy of the American Physical Therapy Association, an Urban Poling Master Trainer and also holds certifications specific to treating Parkinson's Disease -PWR! Moves, LSVT Big, and Rock Steady Boxing Clinician.

Register at the following link:

<https://events.gcc.teams.microsoft.com/event/96bf3259-d27a-411a-9e17-5804359a8f55@e59b304f-7f13-4e77-8631-0087fa11c377>

Any questions, please contact Rob Griesel at:

920-386-3580