Moving Forward:

Grief and Ambiguous Loss Associated with Dementia Caregiving

Caring for someone living with dementia is difficult. Caregivers face many challenges including the daily changes and losses of their loved one.

This 16-week psychoeducational support group will assist caregivers in finding support, processing their feelings and developing the skills to cope.

This virtual, 16-week group begins

Monday January 8, 2024 at 2pm

This will be a closed group after week 2.

Cofacilitated by the Rock & Marquette County ADRCs

Registration is required by January 5, 2024. To register or for more information, please contact Karen at 608/741-3615 or Melissa at 608/297-3148.

