

Of Rock and Marquette Counties

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**FOR IMMEDIATE RELEASE**

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**Moving Forward:**

**Grief and Ambiguous Loss Associated with Dementia Caregiving**

The Aging & Disability Resource Centers of Rock and Marquette Counties is offering the 16-week grief and bereavement educational support group on Wednesday afternoons from 2-3:30pm beginning on May 10th and running through August 23rd. This is a virtual group. There is no cost to attend. **Registration and screening is required.**

**Who is this group for?** The group is for anyone who is or has cared for someone with dementia. Caring for someone with dementia entails a constant series of losses and not just losses related to death. The first 30 minutes of each session will cover a variety of grief, loss and bereavement topics followed by about 60 minutes of conventional support group discussion.

For more information or to register, please contact Rock County dementia care specialist Karen Tennyson at 608-741-3615 or karen.tennyson@co.rock.wi.us or Marquette County dementia care specialist Melissa Klebs at 608-297-3148 or mklebs@co.marquette.wi.us.

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