

1st Annual Upper Midwest Summit
Alzheimer's in the Latino Community



A no-cost, virtual event presented in Spanish

Tuesday, May 10, 2022
5 p.m. - 7 p.m CST

To register, please call 1.800.272.3900

Many people are unfamiliar with dementia and Alzheimer's. It is often confused with normal aging when, in fact, it is a brain disease. Hispanic and Latinos are at a much greater risk of getting this disease. Learn more in this presentation that sheds light on a disease that affects more than 6 million people in the U.S.

Join us to learn about:

- The impact Alzheimer's has on the Hispanic and Latino communities
- What to know about the disease: The 10 warning signs of the disease
- How to become involved
- No-cost resources for families facing Alzheimer's.

Moderator

- Karla Bonilla, Anchor Telemundo Nebraska

Speakers

- Al Castro, MS, CSW, Program Director- Health Research Department, United Community Center (Milwaukee, WI)
- Paula Hernandez, Community Program Manager, Alzheimer's Association (Minneapolis, MN)
- Virginia Zerpa, MPH, Community Outreach Coordinator - Latino Focus, Alzheimer's Association (Milwaukee, WI)
- Dr. Ilitch Diaz Gutierrez, MD, Assistant Professor of Surgery, Division of Thoracic and Foregut Surgery, University of Minnesota (Minneapolis, MN)

Panelists

- Yarissa Reyes, Director - Diversity, Equity, and Inclusion Engagement, Alzheimer's Association (Chicago, IL)
- Christine S. Perez Jimenez, MS, Program and Resource Development Associate, National Hispanic Council on Aging (Washington, DC)
- TBD, Mexican Consulate - Ventanilla de Salud

Mindfulness Activity

- Chiara Mesia, MSW, LICSW, Psychotherapist and Community Faculty member, University of Minnesota School of Social Work (Minneapolis, MN)