

Alzheimer's & Dementia Alliance of WI

CALENDAR OF PROGRAMS AND EVENTS

APRIL 2022 | EDUCATION PROGRAMS

 Virtual

 In Person

**APRIL
5TH**

Communication Tips and Strategies

Understand how dementia affects communication, how to carefully observe, listen and interact effectively with persons with dementia and learn practical strategies and tips.

1:00 - 2:30 pm

For more information & to register contact: Janet.Wiegel@alzwissc.org

**APRIL
7TH**

Understanding Behavior Changes

Understand reasons why behavior changes occur and get problem-solving tips to help prevent and cope with them.

10:00 - 11:30 pm in partnership with Brookdale Senior Living

For more information contact: RKearney@alzwissc.org

**APRIL
8TH**

We All Forget: What is normal aging and when should I be concerned?

Learn what is normal for our brains as we age, how our memories work, and what we can do if we are concerned for ourselves or others.

1:00 - 2:30 pm at Oregon Area Senior Center • Oregon, WI

For more information contact: RKearney@alzwissc.org

**APRIL
11TH**

End of Life and Dementia

Discuss the critical decisions often faced at end of life and ways to communicate and stay connected in the later stages.

1:00 - 2:30 pm at Woodman Senior Center • Richland Center, WI

For more information contact: Heather.Moore@alzwissc.org

**APRIL
14TH**

Understanding Behavior Changes

Understand reasons why behavior changes occur and get problem-solving tips to help prevent and cope with them.

10:00 - 11:30 pm at PEAK Senior Center • Platteville, WI

For more information contact: Heather.Moore@alzwissc.org

**APRIL
14TH**

Crossing Bridges

An educational 4-week program for people who have mild memory loss, are in the early stages of Alzheimer's disease or a related dementia and a primary care partner. Learn coping skills, enhance family communication, and have some guidance toward developing future plans. An interview is required before acceptance to this free program.

April 14, 21, 28, and May 5th • 10:00 am - 12:00 pm

For more information contact: RKearney@alzwissc.org

**APRIL
19TH**

Safety in the Home

Get tips to help you and your loved one stay safely and independently in your own home.

1:00 - 2:30 pm

For more information contact: Janet.Wiegel@alzwissc.org

**APRIL
25TH**

End of Life and Dementia

Discuss the critical decisions often faced at end of life and ways to communicate and stay connected in the later stages.


2:30 - 4:00 pm at Gays Mills Public Library • Gays Mills, WI


For more information & to register contact: Heather.Moore@alzwissc.org

SOCIAL PROGRAMS


Virtual


In Person


 **Meeting of Minds** A memory enhancement and support program to help maximize cognitive function and sustain quality of life for those with memory loss, Alzheimer's, or other dementias. Meets weekly on Tuesdays 10:00 am - 11:30 am **Off April 19th & 26th**
For more information contact: RKearney@alzwisc.org


 **Think Cap Café** Connect, engage and socialize with old friends, and new ones! In partnership with NewBridge Madison's diversity and inclusion program Meets online weekly on Thursdays 11:00 am - 12:15 pm
For more information contact: Barbara.McKinney@alzwisc.org


Memory Cafes are a safe and comfortable space where caregivers and their loved ones can socialize, listen to music, play games, and enjoy other appropriate activities.


 **Virtual Memory Café:** Meets the 3rd Friday of each month • 10:00 am - 11:30 am
For more information contact: RKearney@alzwisc.org


 **Lodi Memory Café** Meets the 4th Friday of each month • 1:00 pm - 2:30 pm
At Reach Out Lodi: 601 Clark St, Lodi, WI
For more information contact: RKearney@alzwisc.org


 **Prairie du Chien Memory Café** Meets the 3rd Tuesday of each month • 10:00 am - 11:30 am
At Hoffman Hall: 1600 S. Wacouta Ave. Prairie du Chien, WI
For more information contact: Heather.Moore@alzwisc.org

 **Portage Memory Café** Meets the 4th Thursday of each month • 1:00 pm - 3:00 pm
At Portage Public Library: 253 E. Edgewater St. Portage, WI
For more information contact: Janet.Wiegel@alzwisc.org

 **Sauk City Memory Café** Meets the 3rd Thursday of each month • 9:30 am - 11:00 am
At George Culver Community Library: 615 Phillips Blvd, Sauk City, WI
For more information contact: Janet.Wiegel@alzwisc.org

 **Reedsburg Memory Café** Meets the 2nd Friday of each month • 10:00 am - 12:00 pm
At Fusch Community Center: 2090 Ridgeview Dr. Reedsburg, WI
For more information contact: Janet.Wiegel@alzwisc.org

 **Richland Center Memory Café** Meets the 4th Thursday of each month • 10:00- 11:30 am
At Woodman Senior Center: 1050 N. Orange St. Richland Center, WI
For more information contact: Heather.Moore@alzwisc.org

 **Westfield Memory Café** Meets the 1st Wednesday of each month • 10:00 am - 11:30 am
At Village Hall: 124 East 3rd Street, Westfield, WI
For more information contact: Janet.Wiegel@alzwisc.org

SUPPORT GROUPS

Virtual

In Person



Men's Caregiver Support Group: 1st, and 3rd Tuesday of every month • 1:00 - 2:30pm
To participate contact 608-232-3400, ext 112 or Jeff.Hamm@alzwisc.org



Adult Child Caregiver Support Group: 1st and 3rd Wednesday of every month
6:30 - 8:00pm
To participate contact 608-232-3400, ext115 or RKearney@alzwisc.org



Lewy Body Dementia Caregiver Support Group: 2nd and 4th Wednesday of every month
1:30 - 3:00 pm
To participate contact 608-697-2838 or Janet.Wiegel@alzwisc.org



"Conversations" Early Stage Dementia Support Group: For those with a dementia diagnosis
1st and 3rd Monday of every month • 1:00 -2:00pm
To participate contact 608-232-3400, ext115 or RKearney@alzwisc.org



"Conversations" Early Stage Dementia Support Group: For those with a dementia diagnosis
Weekly on Wednesday • 10:30 - 12:00pm
To participate contact 608-232-3400, ext115 or RKearney@alzwisc.org



Dane County Caregiver Support Group: Weekly on Thursday • 1:00 - 2:30pm
To participate contact 608-232-3400, ext115 or RKearney@alzwisc.org



Lodi Caregiver Support Group: 3rd Thursday of every month • 1:00 - 2:30pm
Reach Out Lodi 601 Clark St. Lodi, WI
To participate contact 608-697-2838 or Janet.Wiegel@alzwisc.org



Prairie du Chien Caregiver Support Group: 4th Tuesday of every month • 10:00 - 11:30am
Hoffman Hall 1600 S. Wacouta Ave. Prairie du Chien, WI
To participate contact 608-723-4288 or Heather.Moore@alzwisc.org



Platteville Caregiver Support Group: 2nd Thursday of each month • 1:00 - 2:30pm
PEAK Senior Center 155 W. Lewis St. Platteville, WI
To participate contact 608-723-4288 or Heather.Moore@alzwisc.org



Portage Caregiver Support Group: 1st Monday of every month • 1:00 - 2:30pm
Portage Public Library: 253 E. Edgewater St. Portage, WI
To participate contact 608-697-2838 or Janet.Wiegel@alzwisc.org



Columbus Caregiver Support Group: 2nd Thursday of every month • 10:00 - 11:30am
Columbus Senior Center: 125 N Dickason Blvd, Columbus, WI
To participate contact 608-697-2838 or Janet.Wiegel@alzwisc.org



Reedsburg Caregiver Support Group: 3rd Wednesday of every month • 12:00 - 1:30pm
Reedsburg Public Library: 370 Vine St, Reedsburg, WI
To participate contact 608-697-2838 or Janet.Wiegel@alzwisc.org



Spring Green Caregiver Support Group: 4th Monday of every month • 1:00 - 2:30pm
Spring Green Community Library: 230 E Monroe St, Spring Green, WI
To participate contact 608-697-2838 or Janet.Wiegel@alzwisc.org