




What is an Alzheimer's Association Support Group?

A support group is a safe place to learn, offer and receive helpful tips and meet others coping with Alzheimer's disease or other dementia. Meetings typically take place monthly, and are always free, and are open to the public.

To register for any of our Support Groups contact the 24/7 Helpline 800.272.3900 or visit www.alz.org/crf

You will receive connection information after you register. For information on Support Groups in Spanish, contact 414.431.8811.

Statewide Virtual Support Groups		alzheimer's  association®
Support Group	Day	Time
Coffee for Family Caregivers	2 nd Monday	5:30-6:30 pm
For Persons Living with Mild Cognitive Impairment (MCI)	2 nd Wednesday	10:00-11:30 am
Family Caregivers for a Loved One with Frontotemporal Degeneration (FTD)	3 rd Wednesday	6:00-7:30 pm
Family Caregivers for a Loved One with Dementia in the Early Stages	4 th Tuesday	10:00-11:30 am
Family Caregivers for a Loved One with Dementia Living at a Facility	Every other Friday	10:00-11:30 am
Phone In Caregiver Support Group	Last Tuesday	10:00-11:30 am
Grief & Bereavement Support Group	For persons who have experienced the death of their loved one affected by Alzheimer's disease or related dementia. Family members express they have grieved the loss of their loved one twice. Their initial grief often begins when the person experiencing the disease is no longer the individual that they were and the second time when death occurs. This Support Group will help provide bereaved individuals with a non-threatening atmosphere to explore feelings, emotions and needs. Call Shai Wise at 414.775.7578 for upcoming date and details	

ALZConnected (alzconnected.org) is a free online message board for caregivers and those who have Alzheimer's or another related dementia. If you cannot locate a virtual support group available during a time that works for you, ALZConnected may be a support solution for you.