SUPPORT GROUPS (Join in by phone or online)

MEN'S CAREGIVER SUPPORT GROUP

1 st & 3rd Tuesday • 1:00-2:30pm To participate contact 608-232-3400, ext 112 Jeff.Hamm@alzwisc.org

ADULT CHILD CAREGIVER SUPPORT GROUP

1 st & 3rd Wednesday • 6:30-8:00pm To participate contact 608-661-0463 Noreen.Kralapp@alzwisc.org

DANE COUNTY CAREGIVER SUPPORT GROUP

Weekly on Thursday • 1:00-2:30pm To participate contact 608-661-0463 Noreen.Kralapp@alzwisc.org

YOUNG-ONSET CAREGIVER SUPPORT GROUP

1 st & 3rd Monday • 5:00-6:30pm To participate contact 608-661-0463 Noreen.Kralapp@alzwisc.org

LEWY BODY DEMENTIA CAREGIVER SUPPORT GROUP

2nd & 4th Wednesday • 1:30-3:00pm To participate contact 608-742-9055 Janet.Wiegel@alzwisc.org

CRAWFORD COUNTY CAREGIVER SUPPORT GROUP

Tuesdays, Jan 26 & Feb 23 • 10:00-11:00am To participate contact 608-723-4288 Heather.Moore@alzwisc.org

GRANT COUNTY CAREGIVER SUPPORT GROUP

Thursdays, Feb 4, 18 • 1:00-2:00pm To participate contact 608-723-4288 Heather.Moore@alzwisc.org



GREEN LAKE COUNTY CAREGIVER SUPPORT GROUP -IN PERSON

3rd Thursday • 1:00-2:30pm To participate contact within 24 hrs of meeting 920-294-4100

ROCK COUNTY CAREGIVER SUPPORT GROUP

1 st Wednesday • 9:30-11:00am To participate contact 608-843-3544 Teena.Monk-Gerber@alzwisc.org

ADAMS & JUNEAU COUNTY CAREGIVER SUPPORT GROUP

1 st Tuesday • 1:00-2:30pm To participate contact 608-516-6249 Nancy.Thacker@alzwisc.org

PORTAGE CAREGIVER SUPPORT GROUP

1 st Monday • 1:00-2:30pm To participate contact 608-742-9055 Janet.Wiegel@alzwisc.org

COLUMBUS CAREGIVER SUPPORT GROUP

2nd Thursday • 10:00-11:30am To participate contact 608-742-9055 Janet.Wiegel@alzwisc.org

REEDSBURG CAREGIVER SUPPORT GROUP

3rd Thursday • 12:00-1:30pm To participate contact 608-742-9055 Janet.Wiegel@alzwisc.org

SPRING GREEN CAREGIVER SUPPORT GROUP

4th Monday • 1:00-2:30pm To participate contact 608-742-9055 Janet.Wiegel@alzwisc.org

CALENDAR VERSION www.alzwisc.org/online-events-calendar

ONLINE FEBRUARY PROGRAMS (Join in by phone or online)

Crossing Bridges

4 Week Program, Starting Monday, February 1 • 10:00am-12:00pm **To participate contact** 608-661-0463 Noreen.Kralapp@alzwisc.org

Diversity Series: Black History Month

Thursday, February 4 • 1:00-2:30pm To participate register on our website

Family Dynamics

Wednesday, February 10 • 1:30-3:00pm (RSVP by Feb 3) **To participate contact** 608-516-6249 Nancy.Thacker@alzwisc.org

Memory Café: Love Stories

Friday, February 12 • 10:00am-12:00pm To participate contact 608-843-3544 Teena.Monk-gerber@alzwisc.org

Legal & Financial Planning Seminar

Presented by Attorney John Haslam Monday, February 15 • 1:00-2:30pm Monday, February 22 • 6:00-7:30pm To participate contact 608-723-4288 Heather.Moore@alzwisc.org

We All Forget. What is Normal Aging & When Should I be Concerned?

Monday, February 15 • 1:00-2:30pm To participate contact 608-843-3544 Teena.Monk-gerber@alzwisc.org

Powerful Tools for Caregivers

6 Week Program, Starting Tuesday, February 16 • 10:00am-12:00pm **To participate contact** Rock County Council on Aging 608-757-5309 Lisa.Messer@co.rock.wi.us

Dementia Outreach Specialist Q&A Panel

Friday, February 19 • 10:30-11:30am **To participate contact** 608-843-3544 Teena. Monk-gerber@alzwisc.org

Understanding & Responding to Behavior Changes

Wednesday, February 24 • 1:30-3:00pm (RSVP by Feb 17) **To participate contact** 608-516-6249 Nancy.Thacker@alzwisc.org

Understanding Alzheimer's & Dementia

Monday, March 1 • 1:00-2:30pm (RSVP by Feb 22) **To participate contact** 608-843-3544 Teena.Monk-gerber@alzwisc.org

SAVE THE DATE

22nd Annual Understanding Alzheimer's disease, Dementia and Memory Loss Virtual Workshop

Wednesday & Thursday, March 10-11 8:45-11:30am; both days For more information contact Heather.Moore@alzwisc.org



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