

FREE 30 MINUTE WEBINARS



REDEFINING CAREGIVING & CREATING AN EMERGENCY PLAN

SPEAKERS: TARA MURDZEK & TRISHA WITHAM

TUESDAY, MAY 5 & THURSDAY, MAY 7

- Who is a caregiver?
- What is the difference between informal and formal caregivers?
- What do we mean by the “sandwich generation” and “grandparents raising grandchildren”?
- How do we create an emergency caregiving plan, and what should be included in it?

PREPARING FOR A TELEHEALTH VISIT

SPEAKERS: KATY JOHNSON & KELLY WEISENBECK

TUESDAY, MAY 12 & THURSDAY, MAY 14

- How do you prepare for a telehealth visit with your doctor?
- Does Medicare or my private health insurance cover telehealth visits?

COMMUNITY RESOURCES FOR CAREGIVERS

SPEAKERS: RACHEL WATKINS-PETERSON & JENNIFER JAKO

TUESDAY, MAY 19 & THURSDAY, MAY 21

- What resources and training are available through the Respite Care Association of Wisconsin (RCAW)?
- What regional community resources are available through the Aging and Disability Resource Centers (ADRCs)?



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TO REGISTER VISIT: bit.ly/witc_caregiverwebinar

This webinar series is in partnership with the following regional coalitions:

- Douglas County Caregiver Coalition
- Sawyer County Dementia Care Network
- Aging Network of Ashland, Bayfield, and Iron Counties
- Connecting Community and Caregivers Coalition
- Five County Regional Caregiver Coalition (Polk, Burnett, St. Croix, Dunn, Pierce)
- Rusk County Dementia Coalition
- Tri-County Regional Caregiver Coalition